



# Gymnastics & Trampoline Classes

Class Schedule: Sept 9th - May 30th

406-728-4258  
 216 Commerce St.  
 Missoula, MT 59808  
[www.rootsacrosports.com](http://www.rootsacrosports.com)

	MON	TUES	WED	THUR	FRI	SAT	REQUIREMENTS/DISC	TUITION
<b>DROP IN CLASSES</b>								
<b>Preschool PlayTime</b> (walking thru 5yrs old)	10:45-11:45	10:45-11:45			10:45-11:45	9:15-10:15 10:45-11:45	Parent Participation Drop In class	\$10 Per Drop In (\$15 for siblings)
<b>GYMNASTICS</b>								
<b>Movement Arts Club</b> Preschool (3yrs - 5yrs)	9:00-12:00 9:00-3:00	9:00-12:00 9:00-3:00	9:00-12:00 9:00-3:00	9:00-12:00 9:00-3:00	9:00-12:00 9:00-3:00		Gymnastics, Dance, Art, & Sports Agility *Must be potty trained	Call for Pricing
<b>Firefly</b> Coed (3yrs)		4:00-4:45 5:00-5:45		4:10-4:55 5:00-5:45			Parent/Tot Class *Parent must participate until coach recommends adult is longer needed	*\$90.35
<b>Dragonfly</b> Coed (4yrs)		4:15-5:00 5:10-5:55		4:00-4:45 4:50-5:35 5:40-6:25	9:30-10:15		Child must be able to participate successfully without a parent.	*\$90.35
<b>Superfly</b> Coed (5/6yrs)	3:45-4:45 5:30-6:30	3:45-4:45 4:30-5:30 5:00-6:00 5:45-6:45	4:00-5:00	3:45-4:45 4:15-5:15 5:00-6:00 5:30-6:30			Child must be able to participate successfully without a parent.	*\$101.72
<b>Mighty Mites</b> Coed Level 1 (6yrs - 12yrs)	5:00-6:00	4:00-5:00 4:45-5:45 5:15-6:15 6:00-7:00	3:45-4:45 5:15-6:15	4:00-5:00 4:45-5:45 5:15-6:15 6:00-7:00			Must be 6+ yrs old	*\$101.72
<b>Girls Starlights</b> Girls Level 2 (6yrs - 12yrs)	4:00-5:15	4:15-5:30 5:45-7:00	5:00-6:15	4:15-5:30 5:45-7:00			Successful level 1 test	*\$113.09
<b>Boys Level 2</b> (6yrs-12yrs )		6:00-7:30		6:00-7:30			Successful level 1 test	Call for Pricing
<b>Girls Pre-Team</b> (6yrs-12yrs)		4:00-6:00		4:00-6:00			Successful level 2 test	Call for Pricing
<b>TRAMPOLINE</b>								
<b>Trampoline Level 1</b> (6+ yrs old)	3:45-4:45	6:15-7:15	4:00-5:00 5:05-6:05				Must be 6+ yrs old	*\$101.72
<b>Trampoline Level 2</b> (6+ yrs old)	5:00-6:00	4:00-5:00 5:05-6:05	6:15-7:15				Must complete level 1	*\$101.72
<b>Trampoline Level 3</b> (6+ yrs old)	6:15-7:45						Must complete level 2	*\$124.87
<b>TRAMPOLINE &amp; TUMBLING</b>								
<b>Tramp &amp; Tumble Level 3/4</b> (6+ yrs old)	6:00-7:30		6:00-7:30				Must complete level 2	Call for Pricing
<b>Tramp &amp; Tumble Level 5/6</b> (11-15 yrs old)	6:00-8:00		6:00-8:00				Must complete level 4	Call for Pricing
<b>High School Troupe</b> (14-18 yrs old)		6:00-8:00		6:00-8:00			Must complete level 4	Call for Pricing

\$55 annual registration fee not included in above price

\*Tuition Calculated based on a 4 week month. Each month's tuition will vary based on number of days in the month.

Yellow highlighted classes are Future classes to be opened once other classes are full.

Team Programs include R.A.D. Competitive Dance Team, and Competitive Gymnastics



# Dance Classes

Semester 1: Sep 9th - Dec 20th  
Semester 2: Jan 2nd - May 23rd

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	MON	TUES	WED	THUR	FRI	REQUIREMENTS/DISC	TUITION
<b>DANCE CLASSES AGES 4-8</b>							
<b>Acro Hip Hop Level 1</b> (4yrs - 5yrs)		4:00-4:45				45 min of dance and acro instruction for ages 4 & 5	*\$74.41
<b>Tumble Dance Level 1</b> (5yrs - 7yrs)		5:00-6:30				1 hr of Jazz & Ballet and 30 min of acro for ages 5 - 7	*\$114.7
<b>Acro Hip Hop Level 1</b> (6yrs-8yrs)		5:00-6:30				1 hr of dance and 30 min of acro for ages 6 - 8	*\$114.7
<b>Jazz/Ballet Level 2</b> (6yrs - 8yrs)		4:00-5:00				1 hr of dance instruction for ages 6 - 8	*\$87.71
<b>DANCE CLASSES AGES 9+</b>							
<b>Hip Hop Level 1</b> (9+yrs)		6:00-7:00				1 hr of dance instruction for ages 9+	*\$87.71
<b>Jazz/Ballet Level 1</b> (9+yrs)				4:00-5:00		1 hr of dance instruction for ages 9+	*\$87.71
<b>Jazz Level 2</b> (9+yrs)				6:00-7:00		1 hr of dance instruction for ages 9+	*\$87.71
<b>Ballet/Contemp Level 2</b> (9+yrs)				5:00-6:00		1 hr of dance instruction for ages 9+	*\$87.71
<b>Hip Hop Level 2</b> (9+yrs)		6:00-7:00				1 hr of dance instruction for ages 9+	*\$87.71
<b>PRE-TEAM CLASSES</b>							
<b>Hot Shots</b> (5yrs - 8yrs)		4:00-5:00		4:00-6:00		By Invite Only	Call for Pricing
<b>Pre-Team</b> (9+yrs)		6:00-7:00		5:00-7:00		By Invite Only	Call for Pricing
<b>ADULT DROP IN</b>							
<b>Adult Hip Hop</b> (18+ yrs)			8:00-9:00			Drop in class for adults. Online preregistration required.	\$15.00

\$55 annual registration fee & recital fee not included in above price

\*Tuition Calculated based on a 4 week month. Each month's tuition will vary based on number of days in the month.

Children have the option to progress into our competitive dance team